

International Taekwondo Federation JAPAN (ITF-JAPAN)
日本 ITF テコンドー協会

ITF 2024 JAPAN

June 29 sat 30 sun



GRANDMASTER
HECTOR MARANO



GRANDMASTER
UNG KIM LAN

INTERNATIONAL INSTRUCTORS COURSE

BUMB TOKYO SPORTS CULTURE CENTER

International Instructors Course Date | 2024. June.29 sat - 30 sun Venue | BUMB Tokyo Sports Culture Center
Address | 2-1-3 Yumenoshima Koutou-Ku Tokyo Organizer | ITF-JAPAN (International Taekwon-do Federation Japan)
Contact Information | Genji Kishi E-Mail. genji0421@hotmail.co.jp



International National Instructors Course JAPAN 2024

ITF Technical Committees:

Grand Master Héctor Marano (9th DAN)

Grand Master Ung Kim Lan (9th DAN)

TOKYO

Tokyo is the capital of Japan and one of the largest cities in Asia.

It is also a tourist destination where you can experience Japan's history, culture, and modernization, such as Sensoji Temple in Asakusa, Tokyo Skytree, the tallest building in Japan, Kabukiza, and Akihabara.





Venue

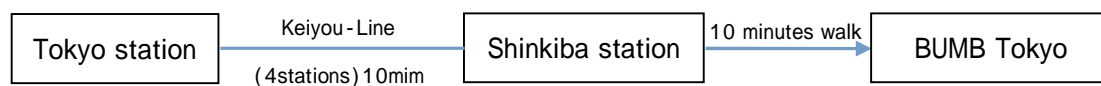
BUMB Tokyo Sports Culture Senter

<https://www.ys-tokyobay.co.jp/index.html>

Address : 2 - 1 - 3 Yumemoshima Koutou - Ku Tokyo

TEL : (+81)3 - 3521 - 7321

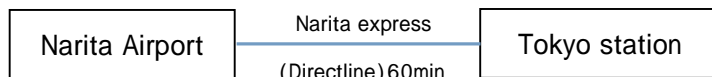
How to go to venue from Tokyo station



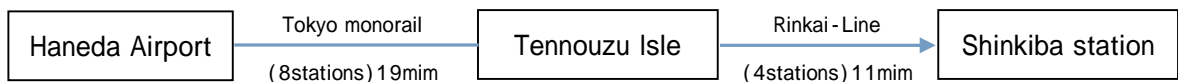
Airport

There are two international airports around Tokyo.

- ・Narita Airport(TOKYO)
60km from the venue



- ・Haneda Airport(TOKYO)
15km from the venue



IIC Fee

Grade	Entry Fee
2nd Cup - 3rd degree	\$220
4th - 6th degree	\$270
7th - 8th degree	\$170
9th degree	\$70

ACCOMMODATION

We have secured several hotel rooms within the IIC venue.

Room	1 night
Single	\$80
Twin	\$80
5parson room	\$65

Includes breakfast and lunch.

Note: If the hotel is fully booked, please find the hotel and make the reservation yourself.

Banquet Dinner

A banquet with the Grand Masters will be held at the IIC venue on the evening of the 29th.

Please dress formally.

Meals also include meat and alcohol. If you have any dietary restrictions (such as not eating pork), please let us know in advance.

Fee
\$40

SCHEDULE

Day 1 Saturday 29th June

9:00am - 9:15am

Registration and Line up

9:15am - 13:00pm

IIC start for day 1

13:00pm - 14:00pm

Lunch break

14:00pm - 17:00pm

Afternoon session

18:30pm - 20:30pm

Banquet

Day 2 Sunday 30th June

9:00am - 9:15am

Line up

9:15am - 13:00pm

IIC start for day 2

13:00pm - 14:00pm

Lunch Break

14:00pm - 16:30pm

Afternoon session and IIC finish

Note : The schedule may be subject to slight changes.

International Instructors Course contents:



- The 24 patterns (Chon-Ji to Tong-II)
- Step Sparring
- Free Sparring
- Self defense
- Fundamental Movements

IIC Protocols

Participants must wear a clean and ironed official ITF dobok at all times.

- Before each new session participants line up to welcome the instructors.
- After each session participants remain until the Instructors leave the venue.
- Participants must act according to the official ITF protocol.
- Participants standing at ease must assume a ready stance with their hands behind the back at all times.
- Participants sitting at ease must cross their legs at all times.
- Participants allowed to ask questions shall stand up at all times and assume a ready stance with their hands behind their backs.
- Participants before asking a question shall first announce their name and country.

Further Information on the ITF International Instructor Course can be found here
<https://itftkd.sport/courses/international-instructors-courses/>

Deadline

Please send the application form and remit the participation fee by May 31st.

1) The address to send the application form to is as follows.

genji0421@hotmail.co.jp

2) Please pay by bank transfer. The payment bank information is as follows.

(Bank name and Branch) Sumitomo Mitsui Banking Corporation Gifu branch

(Account No) 0818665

(Swift Code) SMBCJPJT

(Address) 7-9 Kandamachi Gifu-City Gifu JAPAN

(Payee) ITF - JAPAN

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Visa

If you need to obtain a visa, please contact us at least 3 months in advance.
Japan is one of the countries where it is difficult to obtain a visa. We apologize that we may not be able to meet your wishes.

We are looking forward to see you in JAPAN TOKYO!!

Welcome to JAPAN!!



一般社団法人日本 ITF テコンドー協会
International Taekwondo Federation JAPAN

Organizer Contact

Name: Genji Kishi (Chief director ITF - JAPAN)

e-mail: genji0421@hotmail.co.jp