The President	
Of Primorskiy Region	Federation
Taekwon Do ITF	

Lee	Vla	dimir

INVITATION

THE INTERNATIONAL TOURNAMENT "CUP OF THE FAR EAST" FOR TAEKWON-DO ITF



28-31 october 2016 Ussuriysk city , Primorskiy Region , Russia.

1. THE GOALS AND OBJECTIVES.

The main goal of the International tournament "Cup of the Far East" is to promote Taekwondo (ITF), to attract youth to regular exercise, to increase the level of sportsmanship. To Identify the strongest sportsmen of Asia and Russia. To Summarize the work of Taekwon-do (ITF) in Primorsky Krai.

2. TIME AND VENUE.

Competitions are held both individual and team tournaments october 28-31, 2016 address: Ussuriisk, SC "locomotive" Slobodskaya Str. 6

3. LEADERSHIP TRAINING AND COMPETITIONS.

Overall management of the preparation and conducting of competitions is carried out by: Federation -Taekwon-do ITF the Primorskiy of -The organizing Committee, approved by the President of the Russian Federation of Taekwondo ITF, headed by a judge of the international category "A", 5th Dan - Lee V.P., , Khabarovsk, 89145431738 -Direct competitions will be conducted by the ground jury, approved by the President of the Federation Russian Taekwon-do -Chief judge - judge of the international category "A", 6th Dan Taekwon-do ITF - Lee V.V., , Ussuriisk, 89025266689 The main competition Secretary - Lee A. V., Khabarovsk, tel 8914777255

4. THE COMPETITORS.

To participate in the Cup of the Far East *in Taekwon-do (ITF) are allowed:

Festival among children - boys and girls 10-11, 12-13 years;

Festival Junior - juniors 14-17 years;

-Cup of the Far East among adults - men and women over 18 years old.

The number of competitors from each club team. Not limited.

Admission of athletes is carried out in the presence of:

- 1. Properly completed and timely submitted preliminary applications.
- 2. The official application form, standard pattern, certified in physical clinic, the leaders of the regional federations sending athletes, regional bodies physical culture and sport, provincial, regional, national agencies, ministries of sport.
- 3. The identity document:
- a) passport (for athletes over the age of 14 years);
- b) birth certificate (for athletes under the age of 14);
- 4. Medical (sport) coverage from accidents or injuries related to the training process and tournaments Taekwon-do;
- 5. The ITF certificate certifying the qualification of the participant (certificates other federations are not allowed) the certificate must be properly designed and bear the signature and seal, recognized in the country as an international trainer;
- 6. Qualifying books I-III and discharges MMR (if available);
- 7. A complete set of equipment of the established sample firms
- "OLYMPUS PRO", "MAX PRO", "TopTen", Adidas, Fuji mae, Granmarc
- a) ITF dobok firm "MAX PRO", "TopTen", Adidas, Fuji mae, Granmarc for sparring:
- a) a Headguard for Taekwon-do ITF (necessarily including adults)
- b) Gloves for Taekwon-do ITF
- in) Feet for Taekwon-do ITF
- g) Band for men (required for all!!!) for women (optional);
- d) Cape clear (required for all!!!)
- (e) the Protector on chest for women (optional).

Competitions are held according to the rules of Taekwon-do ITF and are personally-command character.

Individual group

Indivi	dual group
Boys and Gir	ls 10-11 years
PAT	ΓERN
Boys	Girls
6-4 kup	6-4 kup
3-1 kup	3-1 kup
1 dan	1 dan
SPAR	RING
Boys	Girls
6 kup and over (28, 32, 36, 40, 40, 44, 48,	6 kup and over (24, 28, 32, 36, 40, over 40
over 48 kg)	kg)
Cadets 12	<u>2-13 years</u>
<u>Pat</u>	<u>tern</u>
Boys	Girls
6-4 kup	6-4 kup
3-1 kup	3-1 kup
1, 2 dan	1, 2 dan
Spar	ring
Boys	Girls
6 kup and over (32, 36, 40, 44, 44, 48, 52, over 52 kg)	6 kup and over (30, 35, 40, 45, over 45kg)

Juniors 1	4-17 <u>years</u>
<u>Pat</u>	<u>tern</u>
Junior male	Junior female
6-4 kup	6-4 kup
3-1 kup	3-1 kup
1 dan	1 dan
2 dan	2 dan
3 dan	3 dan
Spar	rring
Junior male	Junior female
6-3 kup (45,50, 56, 62, 68, 75, over 75 kg)	6-3 kup (45, 50, 55, 60, 65, over. 65)
over 2 kup (45,50, 56, 62, 68, 75, over 75 kg)	over 2 kup (45, 50, 55, 60, 65, over. 65)

Sei	nior_
<u>Pat</u>	tern_
Senior male	Senior female
6-3 kup	6-3 kup
2-1 kup	2-1 kup
I dan	I dan
II dan	II dan
III dan	III dan
IV – VI dan	IV – VI dan
Span	rring
Senior male	Senior female
6-1 kup (57, 63, 70, 78, 85, over 85 kg)	6-1 kup (50, 56, 62, 68, 75, over 75 kg)
over 1 dan (57, 63, 70, 78, 85, over 85 kg)	over 1 dan (50, 56, 62, 68, 75, over 75 kg)

Traditional sparring
Cadets
10-13 years
6 kup and over
Juniors
14-17 years
6 kup and over
Seniors
Over 18 years
6 kup and over

Cadets male 10-13 years 10-13 years
6 kup and over (5+1 member) 6 kup and over (5+1 member
Junior male Junior female
14-17 years 14-17 years
6 kup and over (5+1 member) 6 kup and over (5+1 member
Senior male Senior female
18 years and over 18 years and over
6 kup and over (5+1 member) 6 kup and over (5+1 member

6. The AWARD ceremony.

Athletes, 1st, 2nd and 3rd place in the individual standings and traditional sparring, will be awarded diplomas and medals of appropriate degrees.

The absolute winners in the categories of 14-17 years 18 years and over (black belt), will be awarded with cups. They are determined by the number of gold medals, and in case of equality, respectively silver and bronze. In case of equal results, the absolute winner is not detected.

In team competitions, the winners and the winners are awarded with diplomas and medals of the corresponding degrees.

7. The FUNDING.

The organizers of the tournament are taking responsibility on all organizing expenses and conducting competitions expenses.

All costs (transport, meals, accommodation of participants, team officials and coaches) at the expense of the Taekwon-do ITF Federation of Primorskiy Region.

Judges and teams are paid their own money on flight.

8. SUBMISSION OF PROTESTS

The objections are filed within 5 minutes after the end of the sportsman. The protest is the only coach in writing and only to the Chief judge. The cost of the protest is 4000 rubles, in case of legitimate and satisfactory resolution of the protest, the money is returned.

Protests from the teams that did not attend the umpire seminar or did not provide their judges, will not be accepted.

9. APPLICATIONS

Applications for participation in the competition submitted to the organizing Committee before April 25, 2015 at E-mail volodorchul@mail.ru

Contact telephone number +7 9143256456 Kim Vladimir or +7 9025266689 Lee Vladimir

10. JUDGES

Judges should arrive on october 28, and to undergo a seminar.

11. SHUTTLE service

During the competition, athletes will be delivered from the hotel to the sports complex. All transfers provided by the organizers of the competition are free

12. THE SCHEDULE OF COMPETITIONS.

october 28 - arrival of delegations, weighing

october 29 - competition, awarding

october 30 - competitions, awarding

october 31 - excursion

november 1 - departure of participants

Applications for accommodation and participation are accepted till Ocotober 20.

All requests for accommodation and participation in the competition are accepted at: wolodorchul@mail.ru
Additional information by phone: +7 9143256456

+7 9241266262

+7 9025266689

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